Open Monday thru Saturday (hours vary)

and some locations Open Sunday





Visit us on the web for other locations in Connecticut



Catering Menus at www.nardellis.com

Franchises Available!

Featured on the Travel Channel!

Voted #1 Grinder by CT magazine!









*Prices subject to change without notice.

*Thoroughly cooking meats, poultry, seafood, shellfish, or eggs greatly reduces the risk of foodborne illne Purchase Gift Cards, download special offers and more at nardellis.com

The History of Nardelli's

by Antionette Desomma Sills

Many changes have made people forget the South Main Street of years ago and the businesses that existed there. It is hard to remember just what Pepes, Ortones, Orchid Florist, Nardelli's, and many others looked like. We want to help you remember a little bit about Nardelli's Grocery Store and the grinders that they made famous.

In 1914, three brothers left a small town in Italy in search of a better life in America. Like many other immigrants, they were young, ambitious, and frightened; but learned very quickly to survive.

Joseph, the oldest, worked in a sweatshop to support his brothers, Anthony and Fred. Soon, all three were working. They worked long hours and pooled whatever money they had to send back home to help their parents. Poor working conditions caused Joe to lose his finger in the shop, and he swore he would take his brothers and find new work. Soon, they were working in what eventually became Nardelli's Grocery Store on South Main.

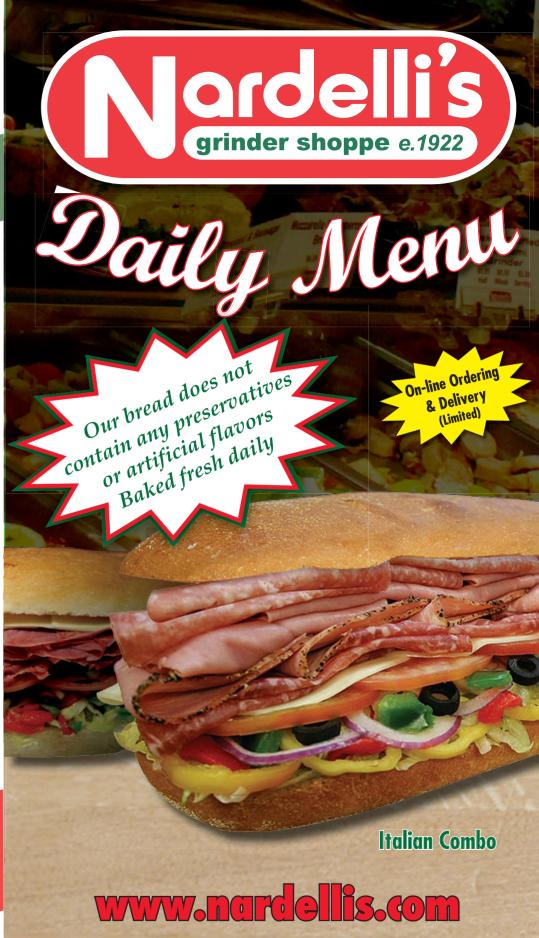
In 1920, the store was put up for sale. Joe was interested in purchasing it and worked out a deal with the owners. The price agreed upon was \$22,000. In 1920 that was high for a building. Purchasing the building meant working long hours to pay the mortgage. The brothers prided themselves on the quality of their fruits and vegetables, which they bought in New York. While in NY one day, they noticed that grinders were quite popular there. They decided to start selling them out of their store to see how they would do.

They were amazed at how well they sold and soon people were coming from all over to get a grinder. Some days, a line would wind its way down South Main Street. Mrs. Carmella Nardelli said that prices were nowhere near what they are now as a combination grinder made from 1/4 loaf of bread cost 10 cents while a 1/2 loaf cost 15 cents and a whole loaf cost 30 cents. Though they had other specialities such as fruit baskets, penny candy, ice cream sundaes, and more, they soon became known as the grinder kings of Waterbury. Their reign ended in 1963 when Fred, the youngest and last survivor of the brothers, passed away. A nephew, Joe, soon took over the business and remained there until the building was demolished in 1978.

The nephew, Joseph Nardelli, arrived from Italy in 1955 just after the flood, and worked for his uncles until 1963 when he purchased and continued to manage the original South Main Street location until it's demolition in 1978. Joseph, with his wife Rina, continued the business with various locations in the Greater Waterbury area until settling in Naugatuck in the late 70's.

Joseph and Rina Nardelli, along with their children, continued to prosper until Joseph's sudden death in 1989. Rina and her children continued to run the business until 1998. Rina now oversees all locations, while the third generation takes Nardelli's into the new millennium with two exceptions...the grinders are no longer 30 cents, and there are now many locations throughout CT.

Dedicated in memory of - Joseph A. Nardelli (1939 - 1989) and Frederick A. Nardelli (1968 - 1998).



Voted #1 Grinder by Connecticut Magazine year after year.

Featured on the Travel Channel's "Sandwich Paradise"
as one of America's BEST sandwiches!





Grilled

Cold Grinders	Wrap or Half Grinder	Whole Grinder
Cheese Combo Provolone, American, Cheddar, Swiss	6.69	9.99
Bologna	6.69	9.99
Chicken Salad (All White Meat)	7.69	10.99
Italian Combo (World Famous) pruzitini, capicola, salami, provolone cheese	7.69	10.99
Plant Based Italian Combo plant based Carpaccio and Prosciutto	8.99	14.59
¿Vegan Italian Combo Grilled Wrap Plant based meats with vegan mayo & cheese plus our toppings	8.99	
American Combo turkey, ham, bologna, American cheese	7.69	10.99
Seafood Salad	7.89	11.59
Ham	6.69	9.99
Prosciutto	7.89	11.59
Roast Beef "Prime Choice"	7.89	11.59
Sopressata	7.89	11.59
Roasted Turkey Breast	7.69	10.99
Yellow Fin Tuna Salad	7.89	11.59
Veggie includes roasted peppers, marinated mushrooms, pickles & artichoke hearts		9.99 uble
	\$3 M	eat S

"Everything" includes Mayo, Lettuce, Tomato, Classic Mix™ (Diced Veggies), Provolone Cheese, Olives & Hot Sauce.

All Grinders available on Grilled Artisan Bread, (Regular or Multi-Grain Wheat), Millities (hard crust) or Gluten Free Rolls

additional charge -JUST ASK!



Upon Request: Oil & Vinegar, Salt & Pepper, Plain Onions, Oregano, Pickles Other Spreads

Honey Mustard, Cranberry Mayonnaise, Horseradish Mayonnaise, Deli Mustard, Ranch

Additional Charge for Roasted Peppers, Hot Peppers, Extra Meat, Double Meat, Extra Cheese, Bacon, Artichoke Hearts, Mushrooms, Sharp Cheese, Fresh Mozzarella Pickles Large 1/2 Sour \$1.49



For Children UNDER 12 years...

Choice of any Child Size Grinder OR Serving of Mac & Cheese

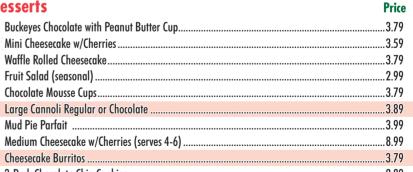
- Chips
- Cookie
- Child Size Beverage
- Grinder Tattoo

Hot Grinders All items below also available in single servings		Whole Grinder
Breaded chicken cutlets in a spicy buffalo sauce. Made with "Everything",	7.69	10.99
includes blue cheese, lettuce, tomato, classic mix (diced veggies), provolone cheese, olives & hot sau	ice.	
Eggplant Parmigiana	7.69	10.99
Meatball Parmigiana	6.69	9.99
Pulled Pork Add Slaw? Slight additional charge	7.69	10.99
Baked Stuffed Pastrami Sliced pastrami, baked with cheese. Made with "everything" includes mustard, lettuce, tomato, classic mix (diced veggies), olives & hot sauce	8.49	11.99
Chicken Cutlet	7.49	10.79
Prosciutto Hot Pepper Chicken Breaded chicken cutlets with sliced prosciutto and banana peppers and cheese. Comes on our fresh Italian baked bread.	7.69	10.99
Breaded chicken cutlets with mushrooms, bacon, and cheese. Comes on our fresh Italian baked brea		10.99
Barbecue Bacon Cheddar Chicken	7.69	10.99
Mozzarella Tomato Chicken (with light bacon)		10.99
Turkey Club "Nardelli's Style"		10.99
Shaved Steak & Cheese — Nardelli's Style	8.49 ce.	11.99
Barbecue Rib	7.69	10.99
"All Natural Fire Braised" Grilled Chicken	7.69	10.99
Chipotle "All Natural Fire Braised" Grilled Chicken		10.99
Balsamic "All Natural Fire Braised" Grilled Chicken		10.99 ot sauce.
Fried Mozzarella with Pepperoni on "Grilled Artisan Bread"	7.69	10.99
Pesto "All Natural Fire Braised" Grilled Chicken	7.69	10.99
Grilled Vegan Wrap	8.49	

0	ther Additional Hot Servings Mozzarella-en-Corrozza				
	Mac 'n White Cheddar Cheese				
	Child Size Mac & Cheese				
	Soup of the Day (price varies, due to variety)				
	Baked Stuffed Clams 2				
	Spinach, Broccoli, or Eggplant Bread (1/2 loaf)				
Sı	alads Also Available in 1/2 lb. Servings				
3	Tortellini Salad				
	Macaroni Salad				
	Fresh Mozzarella & Tomato Salad				
	Potato Salad				
	Cavatelli & Broccoli Salad				
	Antipasto Salad				
	Seafood Salad				
	Yellow Fin Tuna				
	Chicken Salad (all white meat)				
	Cole Slaw				
	Long Hot Stuffed Banana Peppers				
	(Stuffed with Cream Cheese, Pepperoni and Marinated in Olive Oil)				
	Prosciutto Stuffed Hot Cherry Peppers				
	Cous cous Quinoa Grains				
	Green Salads				
	Tossed Salad romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parm				
	Nardelli's "Signature" Salad romaine lettuce, mixed greens, olives, grape tomatoes, mushrooms, pepperoncini peppers, marinated cauliflower, carrots, celery, peppers, cucumbers, stuffed prosciutto peppers, provolone cheese, sopressatta				
	Chef Salad romaine lettuce, mixed greens, bell peppers, carrots, celery, cucumbers, onions, grap olives, boiled eggs, turkey, ham, roast beef, swiss cheese, mushrooms, pepperoncini peppers, shred				
	Side Salad romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parm				
	Chopped Salad chopped iceberg lettuce, roasted peppers, cucumbers, shredded cheese, chick peas, olives, tomatoes				
	Grilled Chicken Caesar Salad romaine lettuce, shredded parm, grilled chicken, croutons				
	Craisin Walnut Salad with Feta mixed greens, grape tomatoes, cucumbers, grapes, craisins, feta cheese, sweetened walnuts				
	Dressings: Nardelli's House, Parmesan Peppercorn, Balsamic Vinaigrette, Ranch, Bleu Cheese (extra .40)				
_	Add Grilled Chicken \$3.79				
D)	esserts				
12.	Buckeyes Chocolate with Peanut Butter Cup				
	Mini Cheesecake w/Cherries				
ed	Waffle Rolled Cheesecake				

Honey Mustard,









*Prices subject to change without prior notice.

Price

..5.99

...2.49 3.79

.4.99

Price .7.98 /lb ...5.98 /lb ..7.98 /lb ..5.98 /lb ...7.98 /lb .7.98 /lb .8.98 /lb ... 8.98 /lb ...7.98 /lb ..5.98 /lb 11.98 /lb

.. 11.98 /lb ... 9.98 /lb