## **Open Monday thru Saturday (hours vary)**

and some locations Open Sunday Visit nardellis.com for Hours and Locations





## Visit us on the web for other locations in Connecticut



## Catering Menus at www.nardellis.com

## **Franchises Available!**

## Featured on the Travel Channel!

Voted #1 Grinder by CT magazine!





## \*Prices subject to change without notice. \*Thoroughly cooking meats, poultry, seafood, shellfish, or eggs greatly reduces the risk of foodborne illness Purchase Gift Cards, download special offers and more at nardellis.com

# The History of Nardelli's by Antionette Desomma Sills

Many changes have made people forget the South Main Street of years ago and the businesses that existed there. It is hard to remember just what Pepes, Ortones, Orchid Florist, Nardelli's, and many others looked like. We want to help you remember a little bit about Nardelli's Grocery Store and the grinders that they made famous.

In 1914, three brothers left a small town in Italy in search of a better life in America. Like many other immigrants, they were young, ambitious, and frightened; but learned very quickly to survive.

Joseph, the oldest, worked in a sweatshop to support his brothers, Anthony and Fred. Soon, all three were working. They worked long hours and pooled whatever money they had to send back home to help their parents. Poor working conditions caused Joe to lose his finger in the shop, and he swore he would take his brothers and find new work. Soon, they were working in what eventually became Nardelli's Grocery Store on South Main.

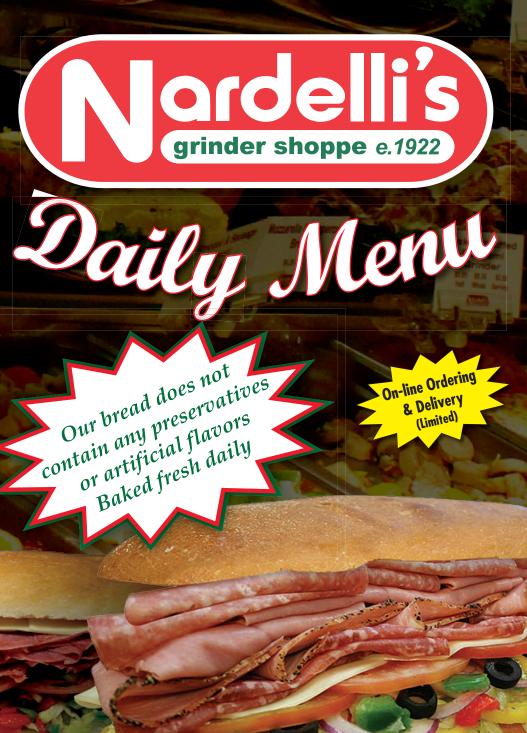
In 1920, the store was put up for sale. Joe was interested in purchasing it and worked out a deal with the owners. The price agreed upon was \$22,000. In 1920 that was high for a building. Purchasing the building meant working long hours to pay the mortgage. The brothers prided themselves on the quality of their fruits and vegetables, which they bought in New York. While in NY one day, they noticed that grinders were quite popular there. They decided to start selling them out of their store to see how they would do.

They were amazed at how well they sold and soon people were coming from all over to get a grinder. Some days, a line would wind its way down South Main Street. Mrs. Carmella Nardelli said that prices were nowhere near what they are now as a combination grinder made from 1/4 loaf of bread cost 10 cents while a 1/2 loaf cost 15 cents and a whole loaf cost 30 cents. Though they had other specialities such as fruit baskets, penny candy, ice cream sundaes, and more, they soon became known as the grinder kings of Waterbury. Their reign ended in 1963 when Fred, the youngest and last survivor of the brothers, passed away. A nephew, Joe, soon took over the business and remained there until the building was demolished in 1978.

The nephew, Joseph Nardelli, arrived from Italy in 1955 just after the flood, and worked for his uncles until 1963 when he purchased and continued to manage the original South Main Street location until it's demolition in 1978. Joseph, with his wife Rina, continued the business with various locations in the Greater Waterbury area until settling in Naugatuck in the late 70's.

Joseph and Rina Nardelli, along with their children, continued to prosper until Joseph's sudden death in 1989. Rina and her children continued to run the business until 1998. Rina now oversees all locations, while the third generation takes Nardelli's into the new millennium with two exceptions...the grinders are no longer 30 cents, and there are now many locations throughout CT.

Dedicated in memory of - Joseph A. Nardelli (1939 - 1989) and Frederick A. Nardelli (1968 - 1998). Voted #1 Grinder by Connecticut Magazine year after year. Featured on the Travel Channel's "Sandwich Paradise" as one of America's BEST sandwiches!



Italian Combo

# www.nardellis.com



\*"Everything" includes Mayo, Lettuce, Tomato, Classic Mix™ (Diced Veggies), Provolone Cheese, Olives & Hot Sauce.



All Grinders available on Grilled Artisan Bread, (Regular or Multi-Grain Wheat) Millities (hard crust) or Gluten Free Rolls additional charge -JUST ASK!

Grilled Wraps: Choice of Whole Wheat, Sun Dried Tomato, Spinach

Upon Request: Oil & Vinegar, Salt & Pepper, Plain Onions, Oregano, Pickles Other Spreads Honey Mustard, Cranberry Mayonnaise, Horseradish Mayonnaise, Deli Mustard, Ranch

Additional Charge for Roasted Peppers, Hot Peppers, Extra Meat, Double Meat, Extra Cheese, Bacon, Artichoke Hearts, Mushrooms, Sharp Cheese, Fresh Mozzarella Pickles Large 1/2 Sour \$1.49



\$5.99

Choice of any Child Size Grinder OR Serving of Mac & Cheese Chips

A S

- Cookie
- Child Size Beverage
- Grinder Tattoo

All items heless also available in single continue	Wrap or Half Grinder	Whole Grinder
Buffalo Chicken	7.99	11.49
Eggplant Parmigiana Comes on our fresh Italian baked bread.	7.99	11.49
Meatball Parmigiana Comes on our fresh Italian baked bread.	6.99	10.79
Pulled Pork Add Slaw? Slight additional charge Comes on our fresh Italian baked bread. Made with "everything" includes mayo, lettuce, tomato, classic mix (diced veggies), provolone cheese, olives & hot sauce.	7.99	11.49
Baked Stuffed Pastrami Sliced pastrami, baked with cheese. Made with "everything" includes mustard, lettuce, tomato, classic mix (diced veggies), olives & hot sauce	8.99	12.49
Chicken Cutlet Comes on our fresh Italian baked bread. Made with "everything" includes mayo, lettuce, tomato, classic mix (diced veggies), olives & hot sau		11.49
Chicken Cutlet Parmigiana Comes on our fresh Italian baked bread.	7.99	11.49
Prosciutto Hot Pepper Chicken Breaded chicken cutlets with sliced prosciutto and banana peppers and cheese. Comes on our fresh Italian baked bread.	7.99	11.49
Bacon Mushroom Chicken Breaded chicken cutlets with mushrooms, bacon, and cheese. Comes on our fresh Italian baked brea		11.49
Barbecue Bacon Cheddar Chicken Breaded chicken cutlets in barbecue sauce, with bacon and cheddar. Made with "everything" includes with ranch, lettuce, tomato, classic mix (diced veggies), olives & hot sauce.	7.99	11.49
Mozzarella Tomato Chicken (with light bacon) Breaded chicken cutlets with fresh tomato, fresh mozzarella and bacon. Comes on our fresh Italian		11.49
Turkey Club "Nardelli's Style" Roasted turkey, ham, bacon and cheese baked together. Comes on our fresh Italian baked bread. Made with "everything" includes mayo, lettuce, tomato, classic mix (diced veggies) olives & hot sau		11.49
Shaved Steak & Cheese – Nardelli's Style Sliced steak and cheese. Comes on our fresh Italian baked bread. Made with "everything" includes mayo, lettuce, tomato, classic mix (diced veggies), olives & hot sau		12.49
Barbecue Rib Comes on our fresh Italian baked bread. Made with "everything" includes mayo, lettuce, tomato, classic mix (diced veggies), provolone cheese, olives & hot sauce.	7.99	11.49
"All Natural Fire Braised" Grilled Chicken Comes on our fresh Italian baked bread. Made with "everything" includes mayo, lettuce, tomato, classic mix (diced veggies), provolone cheese, olives & hot sauce.	7.99	11.49
Chipotle "All Natural Fire Braised" Grilled Chicken Grilled chicken in our very own chipotle sauce. Comes on our fresh Italian baked bread. Made with includes mayo, lettuce, tomato, classic mix (diced veggies), provolone cheese, olives & hot sauce.		11.49
Balsamic "All Natural Fire Braised" Grilled Chicken Grilled chicken in our very own balsamic dressing. Comes on our fresh Italian baked bread. Made with "everything" includes mayo, lettuce, tomato, classic mix (diced veggies), provolone chee		11.49 t sauce.
Fried Mozzarella with Pepperoni on "Grilled Artisan Bread" Our fried mozzarella with pepperoni and marinara sauce grilled on Grilled Artisan Bread.		11.49
Pesto "All Natural Fire Braised" Grilled Chicken	7.99	11.49

includes mayo, lettuce, tomato, classic mix (diced veggies), provolone cheese, olives & hot sauce.

Grilled

Salads

Tortellin Macaron Fresh Mo Potato S Cavatell Antipast Seafood Yellow F Chicken Cole Sla Long Ho (Stuffed

Prosciutt Cous cou Gree Tossed S

Tossed Salad

onions, gr Nardelli mushroon stuffed pr Chef Sal olives, boi Side Sal grape tom Chopped chick peas Grilled ( Craisin V feta chees

#### Desserts Buckeve

Mini Che Waffle R WaffleRolled Fruit Sa Cheesecake Chocolat Large Co Mud Pie Medium Cheesec 3-Pack ( Chocolat Gluten F

Rice Pud Cheeseco Cheeseco Chunky Gourme Carrot Cake

**\$**4 \*Pastrami and Steak higher charge applies

Double

Meat\*

## **Other Additional Hot Servings**

#### **Price**

Mozzarella-en-Corrozza	6.49
Mac 'n White Cheddar Cheese	
Child Size Mac & Cheese	
Soup of the Day (price varies, due to variety)	
Baked Stuffed Clams	
Spinach, Broccoli, or Eggplant Bread (1/2 loaf)	

#### Also Available in 1/2 lb. Servinas

### **Price**

niso manapio in 17 2 lis. Sol migs	11100				
ni Salad	7.98 /lb				
ni Salad					
lozzarella & Tomato Salad	8.99 /lb				
Salad					
li & Broccoli Salad	7.98 /lb				
to Salad	7.98 /lb				
1 Salad	8.98 /lb				
Fin Tuna	8.98 /lb				
Salad (all white meat)	7.98 /lb				
1W	5.98 /lb				
ot Stuffed Banana Peppers	. 11.98 /lb				
l with Cream Cheese, Pepperoni and Marinated in Olive Oil)					
tto Stuffed Hot Cherry Peppers	. 11.98 /lb				
us Quinoa Grains	9.98 /lb				
Prices may vary, due to weight					
n Salads	Price				
Salad romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, rape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parm	7.99				
i's "Signature" Salad romaine lettuce, mixed greens, olives, grape tomatoes, ms, pepperoncini peppers, marinated cauliflower, carrots, celery, peppers, cucumbers, rosciutto peppers, provolone cheese, sopressatta	8.99				
lad romaine lettuce, mixed greens, bell peppers, carrots, celery, cucumbers, onions, grape tomatoes, iled eggs, turkey, ham, roast beef, swiss cheese, mushrooms, pepperoncini peppers, shredded parm					
lad romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, onions, natoes, olives, mushrooms, pepperoncini peppers, shredded parm	4.49				
d Salad chopped iceberg lettuce, roasted peppers, cucumbers, shredded cheese, is, olives, tomatoes	8.99				
Chicken Caesar Salad romaine lettuce, shredded parm, grilled chicken, croutons	9.99				
Walnut Salad with Feta mixed greens, grape tomatoes, cucumbers, grapes, craisins,					
se, sweetened walnuts	8.99				

Dressings: Nardelli's House, Parmesan Peppercorn, Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese (extra .40)

#### Add Grilled Chicken \$3.99

#### Price

19	Frice
es Chocolate with Peanut Butter Cup	3.99
eesecake w/Cherries	3.99
Rolled Cheesecake	3.99
ılad (seasonal)	3.49
te Mousse Cups	3.99
annoli Regular or Chocolate	3.99
e Parfait	4.49
1 Cheesecake w/Cherries (serves 4-6)	9.99
ake Burritos	
Chocolate Chip Cookies	3.29
te Chip Brownie	3.29
Free Large David's Chocolate Chip Cookie	2.99
dding	3.29
ake Factory® Cheesecake	5.99
ake Factory® Godiva Cheesecake	6.49
Cherry Cheesecake Parfait	4.99
et Sliced Cakes	4.99
ke. Chocolate Passion. Peanut Butter. Oreo. Red Velvet	

Prices subject to change without prior notice.