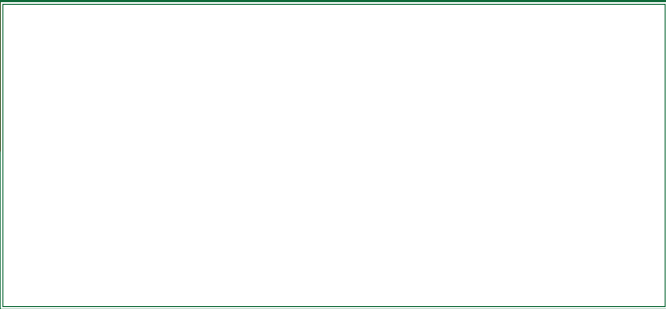


Open Monday thru Saturday (hours vary)  
and some locations Open Sunday  
Visit [nardellis.com](http://nardellis.com) for Hours and Locations



Visit us on the web for other locations in Connecticut



Catering Menus at [www.nardellis.com](http://www.nardellis.com)

Franchises Available!

Featured on the Travel Channel!

Voted #1 Grinder  
by CT magazine!



*\*Prices subject to change without notice.*

*\*Thoroughly cooking meats, poultry, seafood, shellfish, or eggs greatly reduces the risk of foodborne illness.*

Purchase Gift Cards, download special offers and more at [nardellis.com](http://nardellis.com)

# The History of Nardelli's

by Antionette Desomma Sills

Many changes have made people forget the South Main Street of years ago and the businesses that existed there. It is hard to remember just what Pepes, Ortones, Orchid Florist, Nardelli's, and many others looked like. We want to help you remember a little bit about Nardelli's Grocery Store and the grinders that they made famous.

In 1914, three brothers left a small town in Italy in search of a better life in America. Like many other immigrants, they were young, ambitious, and frightened; but learned very quickly to survive.

Joseph, the oldest, worked in a sweatshop to support his brothers, Anthony and Fred. Soon, all three were working. They worked long hours and pooled whatever money they had to send back home to help their parents. Poor working conditions caused Joe to lose his finger in the shop, and he swore he would take his brothers and find new work. Soon, they were working in what eventually became Nardelli's Grocery Store on South Main.

In 1920, the store was put up for sale. Joe was interested in purchasing it and worked out a deal with the owners. The price agreed upon was \$22,000. In 1920 that was high for a building. Purchasing the building meant working long hours to pay the mortgage. The brothers prided themselves on the quality of their fruits and vegetables, which they bought in New York. While in NY one day, they noticed that grinders were quite popular there. They decided to start selling them out of their store to see how they would do.

They were amazed at how well they sold and soon people were coming from all over to get a grinder. Some days, a line would wind its way down South Main Street. Mrs. Carmella Nardelli said that prices were nowhere near what they are now as a combination grinder made from 1/4 loaf of bread cost 10 cents while a 1/2 loaf cost 15 cents and a whole loaf cost 30 cents. Though they had other specialities such as fruit baskets, penny candy, ice cream sundaes, and more, they soon became known as the grinder kings of Waterbury. Their reign ended in 1963 when Fred, the youngest and last survivor of the brothers, passed away. A nephew, Joe, soon took over the business and remained there until the building was demolished in 1978.

The nephew, Joseph Nardelli, arrived from Italy in 1955 just after the flood, and worked for his uncles until 1963 when he purchased and continued to manage the original South Main Street location until it's demolition in 1978. Joseph, with his wife Rina, continued the business with various locations in the Greater Waterbury area until settling in Naugatuck in the late 70's.

Joseph and Rina Nardelli, along with their children, continued to prosper until Joseph's sudden death in 1989. Rina and her children continued to run the business until 1998. Rina now oversees all locations, while the third generation takes Nardelli's into the new millennium with two exceptions...the grinders are no longer 30 cents, and there are now many locations throughout CT.

Dedicated in memory of - Joseph A. Nardelli (1939 - 1989)  
and Frederick A. Nardelli (1968 - 1998).



# Daily Menu

Our bread does not  
contain any preservatives  
or artificial flavors  
Baked fresh daily

On-line Ordering  
& Delivery  
(Limited)



Italian Combo

[www.nardellis.com](http://www.nardellis.com)

Voted #1 Grinder by Connecticut Magazine year after year.  
Featured on the Travel Channel's "Sandwich Paradise"  
as one of America's BEST sandwiches!





Cold Grinders

<b>Cheese Combo</b> Provolone, American, Cheddar, Swiss, with “everything”**	6.99	11.99
<b>Bologna</b> with “everything”**	6.99	11.99
<b>Chicken Salad (All White Meat)</b> with “everything”**	8.49	12.99
<b>Italian Combo (World Famous)</b> pruzitini, capicola, salami, provolone cheese, with “everything”**	8.49	12.99
<b>Plant Based Italian Combo</b> plant based Carpaccio and Prosciutto, with “everything”**	8.99	14.99
<b>Vegan Italian Combo Grilled Wrap</b> Plant based meats with vegan mayo & cheese plus our toppings, with “everything”**	8.99	
<b>American Combo</b> turkey, ham, bologna, American cheese, with “everything”**	8.49	12.99
<b>Seafood Salad</b> with “everything”**	8.99	12.99
<b>Ham</b> with “everything”**	6.99	11.99
<b>Prosciutto</b> with “everything”**	8.99	12.99
<b>Roast Beef “Prime Choice”</b> with “everything”**	8.99	12.99
<b>Roasted Turkey Breast</b> with “everything”**	8.49	12.99
<b>Yellow Fin Tuna Salad</b> with “everything”**	8.49	12.99
<b>Veggie</b> includes roasted peppers, marinated mushrooms, pickles & artichoke hearts, with “everything”**	6.99	11.99

Double Meat\* \$3 \$5

\*“Everything” includes Mayo, Lettuce, Tomato, Classic Mix™ (Diced Veggies), Provolone Cheese, Olives & Hot Sauce.



All Grinders available on Grilled Artisan Bread, (Regular or Multi-Grain), or Gluten Free Rolls additional charge -JUST ASK!

Grilled Wraps: Choice of Whole Wheat, Sun Dried Tomato, Spinach



Grilled Artisan

Upon Request: Oil & Vinegar, Salt & Pepper, Plain Onions, Pickles Other Spreads

Deli Mustard, Honey Mustard, Cranberry Mayo, Horseradish Mayo, Ranch,

Additional Charge for Double Meat, Bacon, Double Cheese, Sharp Cheese, Fresh Mozzarella, Roasted Red Peppers, Hot Peppers, Artichoke Hearts, Mushrooms

Pickles Large 1/2 Sour \$1.49



\$5.99

Choice of any Child Size Grinder OR Serving of Mac & Cheese

- Chips
- Cookie
- Child Size Beverage
- Grinder Tattoo

Hot Grinders

All items below also available in single servings

<b>Eggplant Parmigiana</b> Comes on our fresh Italian baked bread.	8.49	13.49
<b>Meatball Parmigiana</b> Comes on our fresh Italian baked bread.	7.49	11.99
<b>Pulled Pork</b> Add Slaw? Slight additional charge. Comes on our fresh Italian baked bread. Made with “everything”.	8.49	13.49
<b>Baked Stuffed Pastrami</b> Sliced pastrami, baked with cheese. Made with mustard and “everything”.	8.99	13.79
<b>Turkey Club “Nardelli’s Style”</b> Roasted turkey, ham, bacon and cheese baked together. Comes on our fresh Italian baked bread. Made with “everything”.	8.49	13.49
<b>Shaved Steak &amp; Cheese – Nardelli’s Style</b> Sliced steak and cheese. Comes on our fresh Italian baked bread. Made with “everything”.	8.99	13.79
<b>Barbecue Rib</b> Comes on our fresh Italian baked bread. Made with “everything”.	8.49	13.49
<b>Fried Mozzarella with Pepperoni on “Grilled Artisan Bread”</b> Our fried mozzarella with pepperoni and marinara sauce grilled on Grilled Artisan bread.	8.49	13.49
<b>Soffritto Parmigiana</b> Tender veal sautéed and diced, in Mom’s marinara sauce. Comes on our fresh Italian baked bread.	8.99	14.99
<b>Buffalo Chicken</b> Breaded chicken cutlets in a spicy buffalo sauce and blue cheese. Made with “everything”.	8.49	13.49
<b>Chicken Cutlet</b> Comes on our fresh Italian baked bread. Made with “everything”.	8.29	12.79
<b>Chicken Cutlet Parmigiana</b> Comes on our fresh Italian baked bread.	8.29	12.79
<b>Prosciutto Hot Pepper Chicken</b> Breaded chicken cutlets with sliced prosciutto and banana peppers and cheese. Comes on our fresh Italian baked bread. Made with “everything”.	8.49	13.49

<b>Bacon Mushroom Chicken</b> Breaded chicken cutlets with mushrooms, bacon, and cheese. Comes on our fresh Italian baked bread. Made with “everything”.	8.49	13.49
<b>Barbecue Bacon Cheddar Chicken</b> Breaded chicken cutlets in barbecue sauce, with bacon, cheddar and ranch dressing. Made with “everything”.	8.49	13.49
<b>Mozzarella Tomato Chicken (with light bacon)</b> Breaded chicken cutlets with fresh tomato, fresh mozzarella and bacon. Comes on our fresh Italian baked bread. Made with “everything”.	8.49	13.49
<b>“All Natural Fire Braised” Grilled Chicken</b> Comes on our fresh Italian baked bread. Made with “everything”.	9.99	14.99
<b>Chipotle “All Natural Fire Braised” Grilled Chicken</b> Grilled chicken in our very own chipotle sauce. Comes on our fresh Italian baked bread. Made with “everything”.	9.99	14.99

<b>Balsamic “All Natural Fire Braised” Grilled Chicken</b> Grilled chicken in our very own balsamic dressing. Comes on our fresh Italian baked bread. Made with “everything”.	9.99	14.99
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<b>Plant Based Chicken Cutlet</b> Made with “everything”.	8.99	14.99
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<b>Vegan Chicken Cutlet Grilled Wrap</b> Plant based chicken with vegan mayo, cheese plus our toppings, with “everything”.	8.99	
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\*Pastrami and Steak higher charge applies

Double Meat\* \$4 \$7

Other Additional Hot Servings

Soffritto (tender veal sautéed and diced, in Mom’s marinara sauce)	14.99/lb
Mozzarella-en-Corrozza	7.49
Mac ‘n White Cheddar Cheese	7.98/lb
Child Size Mac & Cheese	2.49
Soup of the Day (price varies, due to variety)	5.99
Baked Stuffed Clams	(1) 1.99 (2) 3.99
Spinach, Broccoli, or Eggplant Bread (1/2 loaf)	5.49



Salads Also Available in 1/2 lb. Servings

Tortellini Salad	7.98 /lb
Macaroni Salad	6.49 /lb
Fresh Mozzarella & Tomato Salad	8.99 /lb
Potato Salad	6.49 /lb
Cavatelli & Broccoli Salad	7.98 /lb
Antipasto Salad	9.98 /lb
Seafood Salad	9.98 /lb
Yellow Fin Tuna	8.98 /lb
Chicken Salad (all white meat)	7.98 /lb
Cole Slaw	6.49 /lb
Long Hot Stuffed Banana Peppers (Stuffed with Cream Cheese, Pepperoni and Marinated in Olive Oil)	11.98 /lb
Prosciutto Stuffed Hot Cherry Peppers	11.98 /lb
Cous cous Quinoa Grains	9.98 /lb

Prices may vary, due to weight

Green Salads

Tossed Salad romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parm.	8.99
Nardelli’s “Signature” Salad romaine lettuce, mixed greens, olives, grape tomatoes, mushrooms, pepperoncini peppers, marinated cauliflower, carrots, celery, peppers, cucumbers, stuffed prosciutto peppers, provolone cheese, salami	10.99
Chef Salad romaine lettuce, mixed greens, bell peppers, carrots, celery, cucumbers, onions, grape tomatoes, olives, boiled eggs, turkey, ham, roast beef, swiss cheese, mushrooms, pepperoncini peppers, shredded parm.	9.99
Side Salad romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parm.	4.99
Chopped Salad chopped iceberg lettuce, roasted peppers, cucumbers, shredded cheese, chick peas, olives, tomatoes	9.99
Grilled Chicken Caesar Salad romaine lettuce, shredded parm, grilled chicken, croutons	11.49
Craisin Walnut Salad with Feta mixed greens, grape tomatoes, cucumbers, grapes, craisins, feta cheese, sweetened walnuts	9.99

Dressings: Nardelli’s House, Parmesan Peppercorn, Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese (extra .40)

Add Grilled Chicken \$3.99

Desserts

Buckeyes Chocolate with Peanut Butter Cup	3.99
Mini Cheesecake w/Cherries	4.99
Waffle Rolled Cheesecake	4.99
Fruit Salad (seasonal)	3.49
Chocolate Mousse Cups	4.99
Large Cannoli Regular	3.99
Large Cannoli Chocolate	4.49
Mud Pie Parfait	4.49
Medium Cheesecake w/Cherries (serves 4-6)	10.99
Cheesecake Burritos	4.99
3-Pack Chocolate Chip Cookies	3.99
Chocolate Chip Brownie	3.99
Gluten Free Large David’s Chocolate Chip Cookie	3.99
Rice Pudding	3.99
Cheesecake Factory® Cheesecake	6.99
Cheesecake Factory® Godiva Cheesecake	7.99
Chunky Cherry Cheesecake Parfait	5.99
Gourmet Sliced Cakes	5.49

Carrot Cake, Chocolate Passion, Peanut Butter, Oreo, Red Velvet

Prices subject to change without prior notice.