

Open Monday thru Saturday (hours vary)

and some locations Open Sunday

Visit [nardellis.com](http://nardellis.com) for Hours and Locations



For a location  
closest to you go to:  
<https://nardellis.com/locations-hours/>

Visit us on the web for other locations in Connecticut



Catering Menus at [www.nardellis.com](http://www.nardellis.com)

Franchises Available!

Featured on the Travel Channel!

Voted #1 Grinder by  
CT magazine "readers poll"  
for over 2 Decades now!!



\*Prices subject to change without notice.

\*Thoroughly cooking meats, poultry, seafood, shellfish, or eggs greatly reduces the risk of foodborne illness.

Purchase Gift Cards, download special offers and more at [nardellis.com](http://nardellis.com)

## The History of Nardelli's

by Antionette Desomma Sills

Many changes have made people forget the South Main Street of years ago and the businesses that existed there. It is hard to remember just what Pepes, Ortomes, Orchid Florist, Nardelli's, and many others looked like. We want to help you remember a little bit about Nardelli's Grocery Store and the grinders that they made famous.

In 1914, three brothers left a small town in Italy in search of a better life in America. Like many other immigrants, they were young, ambitious, and frightened; but learned very quickly to survive.

Joseph, the oldest, worked in a sweatshop to support his brothers, Anthony and Fred. Soon, all three were working. They worked long hours and pooled whatever money they had to send back home to help their parents. Poor working conditions caused Joe to lose his finger in the shop, and he swore he would take his brothers and find new work. Soon, they were working in what eventually became Nardelli's Grocery Store on South Main.

In 1920, the store was put up for sale. Joe was interested in purchasing it and worked out a deal with the owners. The price agreed upon was \$22,000. In 1920 that was high for a building. Purchasing the building meant working long hours to pay the mortgage. The brothers prided themselves on the quality of their fruits and vegetables, which they bought in New York. While in NY one day, they noticed that grinders were quite popular there. They decided to start selling them out of their store to see how they would do.

They were amazed at how well they sold and soon people were coming from all over to get a grinder. Some days, a line would wind its way down South Main Street. Mrs. Carmella Nardelli said that prices were nowhere near what they are now as a combination grinder made from 1/4 loaf of bread cost 10 cents while a 1/2 loaf cost 15 cents and a whole loaf cost 30 cents. Though they had other specialities such as fruit baskets, penny candy, ice cream sundaes, and more, they soon became known as the grinder kings of Waterbury. Their reign ended in 1963 when Fred, the youngest and last survivor of the brothers, passed away. A nephew, Joe, soon took over the business and remained there until the building was demolished in 1978.

The nephew, Joseph Nardelli, arrived from Italy in 1955 just after the flood, and worked for his uncles until 1963 when he purchased and continued to manage the original South Main Street location until its demolition in 1978. Joseph, with his wife Rina, continued the business with various locations in the Greater Waterbury area until settling in Naugatuck in the late 70's.

Joseph and Rina Nardelli, along with their children, continued to prosper until Joseph's sudden death in 1989. Rina and her children continued to run the business until 1998. Rina now oversees all locations, while the third generation takes Nardelli's into the new millennium with two exceptions...the grinders are no longer 30 cents, and there are now many locations throughout CT.

Dedicated in memory of - Joseph A. Nardelli (1939 - 1989)  
and Frederick A. Nardelli (1968 - 1998).



## Daily Menu



On-line Ordering & Delivery



Italian Combo

[www.nardellis.com](http://www.nardellis.com)

Voted #1 Grinder by Connecticut Magazine year after year.

Featured on the Travel Channel's "Sandwich Paradise" as one of America's BEST sandwiches!



## Cold Grinders

	Mini G	Grilled Wrap or Half Grinder	Whole Grinder
<b>Cheese Combo</b> Provolone, American, Cheddar, Swiss, with "everything"*	6.39	8.49	13.79
<b>Bologna</b> with "everything"*	5.99	8.49	13.79
<b>Chicken Salad (All White Meat)</b> with "everything"*	6.99	10.49	15.99
<b>Italian Combo (World Famous)</b> pruzifini, capicola, salami, provolone cheese, with "everything"*	6.99	9.99	15.29
<b>Plant Based Italian Combo</b> plant based Carpaccio and Prosciutto, with "everything"*	10.99	16.29	
<b>Vegan Italian Combo Grilled Wrap</b> Plant based meats with vegan mayo & cheese plus our toppings, with "everything"*	—	10.99	—
<b>American Combo</b> turkey, ham, bologna, American cheese, with "everything"*	6.99	9.99	15.29
<b>Seafood Salad</b> with "everything"*	7.49	10.49	15.99
<b>Ham</b> with "everything"*	5.99	8.49	13.79
<b>Prosciutto</b> with "everything"*	7.49	10.99	16.29
<b>Roast Beef "Prime Choice"</b> with "everything"*	7.49	10.49	15.99
<b>Roasted Turkey Breast</b> with "everything"*	7.39	10.49	15.99
<b>Yellow Fin Tuna Salad</b> with "everything"*	7.39	10.49	15.99
<b>Veggie</b> includes roasted peppers, marinated mushrooms, pickles & artichoke hearts, with "everything"*	6.39	8.49	13.79

Grilled Wrap or Half Grinder  
Whole Grinder

\$3 \$3 \$5

**“Everything” includes Mayo, Lettuce, Tomato, Classic Mix™ (Diced Veggies), Provolone Cheese, Olives & Hot Sauce.**



**All Grinders Available On Grilled Artisan Bread, (Regular or Multi-Grain), or Gluten Free Rolls additional charge -JUST ASK!**

**Grilled Wraps: Choice of Whole Wheat, Sun Dried Tomato, Spinach**



**Upon Request: Oil & Vinegar, Salt & Pepper, Plain Onions, Pickles Other Spreads**

**Deli Mustard, Honey Mustard, Cranberry Mayo, Horseradish Mayo, Ranch,**

**Additional Charge for Double Meat, Bacon, Double Cheese, Sharp Cheese, Fresh Mozzarella, Roasted Red Peppers, Hot Peppers, Artichoke Hearts, Mushrooms**  
**Pickles Large Kosher Dill \$1.99**



\$7.99

Choice of any Child Size Grinder OR  
Serving of Mac & Cheese

- Chips
- Cookie
- Child Size Beverage
- Grinder Tattoo

## Hot Grinders

All items below also available in single servings

### Eggplant Parmigiana

Comes on our fresh Italian baked bread with Momma's Marinara Sauce.

Grilled Wrap or Grilled Half Grinder  
Grilled Whole Grinder

10.49 15.99

### Meatball Parmigiana

Comes on our fresh Italian baked bread with Momma's Marinara Sauce.

8.49 13.99

### Pulled Pork

Add Slaw? Slight additional charge ..... 10.49 15.99

Comes on our fresh Italian baked bread. Made with "everything".

### Baked Stuffed Pastrami

Sliced pastrami, baked with cheese. Made with mustard and "everything".

10.99 16.29

### Turkey Ham Cheese Club Melt

Roasted turkey, ham, bacon and cheese baked together. Comes on our fresh Italian baked bread. Made with "everything".

10.99 16.29

### Shaved Steak & Cheese – Nardelli's Style

Sliced steak and cheese. Comes on our fresh Italian baked bread. Made with "everything".

10.99 16.29

### Barbecue Rib

Comes on our fresh Italian baked bread. Made with "everything".

10.49 15.99

### Soffritto Parmigiana

Tender veal sautéed and diced, in Momma's Marinara Sauce. Comes on our fresh Italian baked bread.

10.99 16.29

### Buffalo Chicken

Breaded chicken cutlets in a spicy buffalo sauce and blue cheese. Made with "everything".

10.49 15.99

### Chicken Cutlet

Comes on our fresh Italian baked bread. Made with "everything".

9.99 15.29

### Chicken Cutlet Parmigiana

Comes on our fresh Italian baked bread with Momma's Marinara Sauce.

9.99 15.29

### Prosciutto Hot Pepper Chicken

Breaded chicken cutlets with sliced prosciutto and banana peppers and cheese.

10.49 15.99

### Barbecue Bacon Cheddar Chicken

Breaded chicken cutlets in barbecue sauce, with bacon, cheddar and ranch dressing. Made with "everything".

10.49 15.99

### Mozzarella Tomato Chicken (with light bacon)

Breaded chicken cutlets with fresh tomato, fresh mozzarella and bacon.

10.49 15.99

### All Natural Fire Braised" Grilled Chicken

Comes on our fresh Italian baked bread. Made with "everything".

10.49 15.99

### Chipotle "All Natural Fire Braised" Grilled Chicken

Grilled chicken in our very own chipotle sauce. Comes on our fresh Italian baked bread. Made with "everything".

10.49 15.99

### Balsamic "All Natural Fire Braised" Grilled Chicken

Grilled chicken in our very own balsamic dressing. Comes on our fresh Italian baked bread. Made with "everything".

10.49 15.99

### Plant Based Chicken Cutlet

Made with "everything".

10.99 16.29

### Vegan Chicken Cutlet Grilled Wrap

Plant based chicken with vegan mayo, cheese plus our toppings, with "everything".

10.99 —

\$4 \$7

Double Meat\*

\*Pastrami and Steak higher charge applies

## Other Additional Hot Servings

	Price
Soffritto (tender veal sautéed and diced, in Momma's Marinara Sauce) .....	16.99/lb
Mozzarella-en-Corzoza .....	7.49
Mac 'n White Cheddar Cheese .....	7.98/lb
Child Size Mac & Cheese .....	2.99
Soup of the Day (price varies, due to variety) .....	5.99
Baked Stuffed Clams .....	(1) 1.99 (2) 3.98
Spinach, Broccoli, or Eggplant Bread (1/2 loaf) .....	5.49

## Salads Also Available in 1/2 lb. Servings

	Price
Tortellini Salad .....	9.98/lb
Macaroni Salad .....	6.98/lb
Fresh Mozzarella & Tomato Salad .....	9.98/lb
Potato Salad .....	6.98/lb
Cavatelli & Broccoli Salad .....	8.98/lb
Antipasto Salad .....	10.98/lb
Seafood Salad .....	11.98/lb
Yellow Fin Tuna .....	11.98/lb
Chicken Salad (all white meat) .....	11.98/lb
Cole Slaw .....	6.98/lb
Long Hot Stuffed Banana Peppers .....	12.98/lb
(Stuffed with Cream Cheese, Pepperoni and Marinated in Olive Oil) .....	
Prosciutto Stuffed Hot Cherry Peppers .....	12.98/lb
Olives Calamata or Green .....	5.99/lb
Marinated Mushrooms .....	9.98/lb
Couscous Quinoa Grains .....	9.98/lb
Dill Pickle .....	2.49

Prices may vary, due to weight

## Green Salads

	Price
Tossed Salad Romaine lettuce, mixed greens, bell peppers, carrots, celery, cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parmesan .....	9.99
Nardelli's "Signature" Salad romaine lettuce, mixed greens, olives, grape tomatoes, mushrooms, pepperoncini peppers, marinated cauliflower, carrots, celery, peppers, cucumbers, stuffed prosciutto peppers, provolone cheese, salami .....	11.99
Chef Salad romaine lettuce, mixed greens, bell peppers, carrots, celery, cucumbers, onions, grape tomatoes, olives, boiled eggs, turkey, ham, roast beef, swiss cheese, mushrooms, pepperoncini peppers, shredded parmesan .....	11.99
Side Salad romaine lettuce, mixed greens, bell peppers, carrots, celery, cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parmesan .....	4.99
Chopped Salad chopped iceberg lettuce, roasted peppers, cucumbers, shredded cheese, chick peas, olives, tomatoes .....	11.99
Grilled Chicken Caesar Salad romaine lettuce, shredded parmesan, grilled chicken, croutons .....	11.99
Craisin Walnut Salad with Feta mixed greens, grape tomatoes, cucumbers, grapes, craisins, feta cheese, sweetened walnuts .....	10.99
Dressings: Nardelli's House, Parmesan Peppercorn, Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese (extra .40)	

Add Grilled Chicken \$3.99

## Desserts

	Price
Buckeyes Chocolate with Peanut Butter Cup .....	4.99
Mini Cheesecake w/Cherries .....	4.99
Waffle Rolled Cheesecake .....	4.99
Fruit Salad (seasonal) 1/2 LB Serving .....	4.79
Chocolate Mousse Cups .....	4.99
Large Cannoli Regular .....	3.99
Large Cannoli Chocolate .....	4.49
Mud Pie Parfait .....	4.49
7" 1/2 lb Cheesecake w/Cherries (serves 6) .....	14.99
Cheesecake Burritos .....	4.99
2-Pack Chocolate Chip Cookies .....	3.29
Chocolate Chip Brownie .....	3.99
Gluten Free Large David's Chocolate Chip Brownie .....	3.99
Gluten Free Rice Cake .....	3.99
Rice Pudding .....	3.99
Godiva NY Cheesecake .....	6.99
Chunky Cherry Cheesecake Parfait .....	5.99
Gourmet Sliced Cakes .....	5.99
NY Cheesecake, Carrot Cake, Chocolate Passion, Limoncello, Peanut Butter, Oreo	

Prices subject to change without prior notice