Nardelli's
grinder shoppe e.1922

Open Monday thru Saturday (hours vary)
and some locations Open Sunday
Visit nardellis.com for Hours and Locations

LOVED YOUR ORDER?
LET US KNOW!

Post and Tag Us
On Social Media!

Scan To Find A Nardelli's Location Near You!

Catering Menus at www.nardellis.com

Franchises Available!

Voted #1 Grinder by CT magazine "readers poll" for over 2 Decades now!!

Featured on the Travel Channel!

**Prices subject to change without notice.*
**Thoroughly cooking meats, poultry, seafood, shellfish, or eggs greatly reduces the risk of foodborne illness.*
Purchase Gift Cards, download special offers and more at nardellis.com

The History of Nardelli's

by Antionette Desomma Sills

Many changes have made people forget the South Main Street of years ago and the businesses that existed there. It is hard to remember just what Pepes, Ortones, Orchid Florist, Nardelli's, and many others looked like. We want to help you remember a little bit about Nardelli's Grocery Store and the grinders that they made famous.

In 1914, three brothers left a small town in Italy in search of a better life in America. Like many other immigrants, they were young, ambitious, and frightened; but learned very quickly to survive.

Joseph, the oldest, worked in a sweatshop to support his brothers, Anthony and Fred. Soon, all three were working. They worked long hours and pooled whatever money they had to send back home to help their parents. Poor working conditions caused Joe to lose his finger in the shop, and he swore he would take his brothers and find new work. Soon, they were working in what eventually became Nardelli's Grocery Store on South Main.

In 1920, the store was put up for sale. Joe was interested in purchasing it and worked out a deal with the owners. The price agreed upon was $22,000. In 1920 that was high for a building. Purchasing the building meant working long hours to pay the mortgage. The brothers prided themselves on the quality of their fruits and vegetables, which they bought in New York. While in NY one day, they noticed that grinders were quite popular there. They decided to start selling them out of their store to see how they would do.

They were amazed at how well they sold and soon people were coming from all over to get a grinder. Some days, a line would wind its way down South Main Street. Mrs. Carmella Nardelli said that prices were nowhere near what they are now as a combination grinder made from 1/4 loaf of bread cost 10 cents while a 1/2 loaf cost 15 cents and a whole loaf cost 30 cents. Though they had other specialities such as fruit baskets, penny candy, ice cream sundaes, and more, they soon became known as the grinder kings of Waterbury. Their reign ended in 1963 when Fred, the youngest and last survivor of the brothers, passed away. A nephew, Joe, soon took over the business and remained there until the building was demolished in 1978.

The nephew, Joseph Nardelli, arrived from Italy in 1955 just after the flood, and worked for his uncles until 1963 when he purchased and continued to manage the original South Main Street location until it's demolition in 1978. Joseph, with his wife Rina, continued the business with various locations in the Greater Waterbury area until settling in Naugatuck in the late 70's.

Joseph and Rina Nardelli, along with their children, continued to prosper until Joseph's sudden death in 1989. Rina and her children continued to run the business until 1998. Rina now oversees all locations, while the third generation takes Nardelli's into the new millennium with two exceptions…the grinders are no longer 30 cents, and there are now many locations throughout CT.

Dedicated in memory of - Joseph A. Nardelli (1939 - 1989)
and Frederick A. Nardelli (1968 - 1998).

Nardelli's
grinder shoppe e.1922

Daily Menu

Our bread does not contain any preservatives or artificial flavors
Baked fresh daily

On-line Ordering & Delivery

Italian Combo

www.nardellis.com

Voted #1 Grinder by Connecticut Magazine year after year.
Featured on the Travel Channel's "Sandwich Paradise"
as one of America's BEST sandwiches!

NEW GLUTEN FREE Rolls & Cookies Available

Cold Grinders

	Mini G	Grilled Wrap or Half Grinder	Whole Grinder
Cheese Combo Provolone, American, Cheddar, Swiss, with "everything"*	6.39	8.49	14.29
Bologna with "everything"*	5.99	8.49	14.29
Chicken Salad (All White Meat) with "everything"*	6.99	10.49	16.49
Italian Combo (World Famous) pruzitini, capicola, salami, provolone cheese, with "everything"*	6.99	9.99	16.29
NEW **Plant Based Italian Combo** plant based Carpaccio and Prosciutto, with "everything"*	—	10.99	16.79
NEW VG **Vegan Italian Combo Grilled Wrap** Plant based meats with vegan mayo & cheese plus our toppings, with "everything"*	—	10.99	—
American Combo turkey, ham, bologna, American cheese, with "everything"*	6.99	9.99	16.29
Seafood Salad with "everything"*	7.49	10.49	16.49
Ham with "everything"*	5.99	8.49	14.29
Prosciutto with "everything"*	7.49	10.99	16.79
Roast Beef "Prime Choice" with "everything"*	7.49	10.49	16.49
NO ANTIBIOTICS NEVER! **Roasted Turkey Breast** with "everything"*	7.39	10.49	16.49
Yellow Fin Tuna Salad with "everything"*	7.39	10.49	16.49
Veggie includes roasted peppers, marinated mushrooms, pickles & artichoke hearts, with "everything"*	6.39	8.49	14.29
Double Meat*	$3	$3	$5

"Everything" includes Mayo, Lettuce, Tomato, Classic Mix™ (Diced Veggies), Provolone Cheese, Olives & Hot Sauce.

SPECIALITY BREADS

All Grinders Available On Grilled Artisan Bread, (Regular or Multi-Grain), or Gluten Free Rolls additional charge -JUST ASK!

Grilled Wraps: Choice of Whole Wheat, Sun Dried Tomato, Spinach

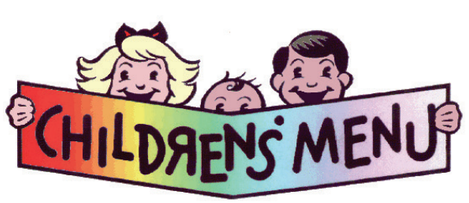
Grilled Artisan

Upon Request: Oil & Vinegar, Salt & Pepper, Plain Onions, Pickles

Other Spreads

Deli Mustard, Honey Mustard, Cranberry Mayo, Horseradish Mayo, Ranch,

Additional Charge for Double Meat, Bacon, Double Cheese, Sharp Cheese, Fresh Mozzarella, Roasted Red Peppers, Hot Peppers, Artichoke Hearts, Mushrooms



$7.99

Choice of any Child Size Grinder OR Serving of Mac & Cheese

- Chips
- Cookie
- Child Size Beverage
- Grinder Tattoo

Hot Grinders

All items below also available in single servings

	Grilled Wrap or Grilled Half Grinder	Grilled Whole Grinder
Eggplant Parmigiana Comes on our fresh Italian baked bread with Momma's Marinara Sauce.	10.49	16.49
Meatball Parmigiana Comes on our fresh Italian baked bread with Momma's Marinara Sauce.	8.49	14.49
SWEET BABY RAY'S **Pulled Pork** Add Slaw? Slight additional charge Comes on our fresh Italian baked bread. Made with "everything".	10.49	16.49
Baked Stuffed Pastrami Sliced pastrami, baked with cheese. Made with mustard and "everything".	10.99	18.49
Turkey Ham Cheese Club Melt Roasted turkey, ham, bacon and cheese baked together. Comes on our fresh Italian baked bread. Made with "everything".	10.99	16.79
Shaved Steak & Cheese – Nardelli's Style Sliced steak and cheese. Comes on our fresh Italian baked bread. Made with "everything".	10.99	18.49
SWEET BABY RAY'S **Barbecue Rib** Comes on our fresh Italian baked bread. Made with "everything".	10.49	16.49
NEW **Soffritto Parmigiana** Tender veal sautéed and diced, in Momma's Marinara Sauce. Comes on our fresh Italian baked bread.	10.99	16.79
Buffalo Chicken Breaded chicken cutlets in a spicy buffalo sauce and blue cheese. Made with "everything".	10.49	16.49
Chicken Cutlet Comes on our fresh Italian baked bread. Made with "everything".	9.99	15.79
Chicken Cutlet Parmigiana Comes on our fresh Italian baked bread with Momma's Marinara Sauce.	9.99	15.79
Prosciutto Hot Pepper Chicken Breaded chicken cutlets with sliced prosciutto and banana peppers and cheese. Comes on our fresh Italian baked bread. Made with "everything".	10.49	16.49
SWEET BABY RAY'S **Barbecue Bacon Cheddar Chicken** Breaded chicken cutlets in barbecue sauce, with bacon, cheddar and ranch dressing. Made with "everything".	10.49	16.49
Mozzarella Tomato Chicken (with light bacon) Breaded chicken cutlets with fresh tomato, fresh mozzarella and bacon. Comes on our fresh Italian baked bread. Made with "everything".	10.49	16.49
"All Natural Fire Braised" Grilled Chicken Comes on our fresh Italian baked bread. Made with "everything".	10.49	16.49
Chipotle "All Natural Fire Braised" Grilled Chicken Grilled chicken in our very own chipotle sauce. Comes on our fresh Italian baked bread. Made with "everything".	10.49	16.49
Balsamic "All Natural Fire Braised" Grilled Chicken Grilled chicken in our very own balsamic dressing. Comes on our fresh Italian baked bread. Made with "everything".	10.49	16.49
NEW **Plant Based Chicken Cutlet** Made with "everything".	10.99	16.79
NEW VG **Vegan Chicken Cutlet Grilled Wrap** Plant based chicken with vegan mayo, cheese plus our toppings, with "everything".	10.99	—
Double Meat*	$4	$7

Italian Combo

**Pastrami and Steak higher charge applies*

In our stores, we have the following Allergens: Nuts, Fish, Eggs, Milk, Wheat, Soy, and Sesame.

Other Additional Hot Servings

	Price
Soffritto *(tender veal sautéed and diced, in Momma's Marinara Sauce)*	16.99/lb
Mozzarella-en-Corrozza	7.49
Mac 'n White Cheddar Cheese	7.98/lb
Child Size Mac & Cheese	2.99
Soup of the Day (price varies, due to variety)	5.99
Baked Stuffed Clams	(1) 1.99 ...(2) .3.98
Spinach, Broccoli, or Eggplant Bread (1/2 loaf)	5.49

Salads *Also Available in 1/2 lb. Servings*

	Price
Tortellini Salad	9.98 /lb
Macaroni Salad	6.98 /lb
Fresh Mozzarella & Tomato Salad	9.98 /lb
Potato Salad	6.98 /lb
Cavatelli & Broccoli Salad	8.98 /lb
Antipasto Salad	10.98 /lb
Seafood Salad	11.98 /lb
Yellow Fin Tuna	11.98 /lb
Chicken Salad (all white meat)	11.98 /lb
Cole Slaw	6.98 /lb
Long Hot Stuffed Banana Peppers (Stuffed with Cream Cheese, Pepperoni and Marinated in Olive Oil)	12.98 /lb
Prosciutto Stuffed Hot Cherry Peppers	12.98 /lb
NEW Olives Calamata or Green	8.99 /lb
NEW Marinated Mushrooms	9.98 /lb
Cous cous Quinoa Grains	9.98 /lb
Dill Pickle	2.49

Prices may vary, due to weight

"Signature" Tossed Salad

Green Salads — Price

Tossed Salad *Romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parm*	9.99
Nardelli's "Signature" Salad *romaine lettuce, mixed greens, olives, grape tomatoes, mushrooms, pepperoncini peppers, marinated cauliflower, carrots, celery, peppers, cucumbers, stuffed prosciutto peppers, provolone cheese, salami*	11.99
Chef Salad *romaine lettuce, mixed greens, bell peppers, carrots, celery, cucumbers, onions, grape tomatoes, olives, boiled eggs, turkey, ham, roast beef, swiss cheese, mushrooms, pepperoncini peppers, shredded parm*	11.99
Side Salad *romaine lettuce, mixed greens, bell peppers, carrots, celery cucumbers, onions, grape tomatoes, olives, mushrooms, pepperoncini peppers, shredded parm*	4.99
Chopped Salad *chopped iceberg lettuce, roasted peppers, cucumbers, shredded cheese, chick peas, olives, tomatoes*	11.99
Grilled Chicken Caesar Salad *romaine lettuce, shredded parm, grilled chicken, croutons*	11.99
Craisin Walnut Salad with Feta *mixed greens, grape tomatoes, cucumbers, grapes, craisins, feta cheese, sweetened walnuts*	11.99

Dressings: Nardelli's House, Parmesan Peppercorn, Balsamic Vinaigrette, Ranch, Honey Mustard, Bleu Cheese (extra .40)

Add Grilled Chicken $4.99

Desserts — Price

WaffleRolled Cheesecake

Buckeyes Chocolate with Peanut Butter Cup	5.99
Mini Cheesecake w/Cherries	4.99
Waffle Rolled Cheesecake	5.49
Fruit Salad (seasonal) 1/2 LB Serving	4.79
Chocolate Mousse Cups	4.99
Large Cannoli Regular	3.99
Large Cannoli Chocolate	4.99
Mud Pie Parfait	5.49
7"/1.5 lb Cheesecake w/Cherries (serves 6)	14.99
Cheesecake Burritos	4.99
2-Pack Chocolate Chip Cookies	3.59
Chocolate Chip Brownie	3.99
Gluten Free Rice Cake	3.99
Rice Pudding	4.99
Godiva NY Cheesecake	6.99
Chunky Cherry Cheesecake Parfait	5.99
Gourmet Sliced Cakes	5.99

NY Cheesecake, Carrot Cake, Chocolate Passion, Limoncello, Peanut Butter, Oreo

Prices subject to change without prior notice.

Rev 10-9-2026